

Mentoring for the Entrepreneurial Therapist

Mentor Group 2024

In Mentor Group 2024 we will continue your journey as a psychotherapist/coach and entrepreneur. We will continue to integrate clinical, business and personal work on any blocks holding you back.

As psychotherapists/coaches, you possess a deep understanding of human behavior, emotions, and well-being. Now, imagine channeling that expertise into creating impactful ventures that not only transform lives but also contribute to your own growth and success.

Key Elements of an Entrepreneurial Mindset that Will Get Some focus in 2024

Our aim is to foster your mindset of innovation and creativity and continue sharpening your skills to reach and support more folks that you desire to reach.

We will continue to foster your resilience, adaptability, creativity, with a focus on sustainable growth and a balanced lifestyle.

We will focus on:

- **Resilience:** Entrepreneurship comes with ups and downs. We will continue to cultivate your ability to bounce back from setbacks, stay persistent in the face of adversity, and maintain a positive outlook.
- **Risk-Taking:** Calculated risks are a part of entrepreneurship. Pushing to step out of your comfort zone, make informed decisions, and take calculated risks that can lead to substantial rewards.
- **Customer-Centric Mindset:** Place the needs and preferences of your target customers at the forefront of your business decisions. Truly understanding your customers journey can provide valuable insight and guide product or service development and marketing strategies.
- **Persistence:** Building a business takes time and effort. Stay committed to your vision, even when faced with obstacles. Persistence can lead to breakthroughs and long-term success.
- **Resourcefulness:** Entrepreneurship often involves making the most of limited resources. Being resourceful allows you to find innovative ways to achieve your goals and make the most of what you have.
- **Networking and Collaboration:** Embrace opportunities to connect with and support others. Collaborating with like-minded individuals, mentors, and partners will continue to open doors to new perspectives and opportunities.
- **Time Management and Discipline:** Running a business requires effective time management and self-discipline. Set priorities, manage your time wisely, and create a routine that keeps you productive and leads to a balanced lifestyle.

Developing an entrepreneurial mindset is an ongoing process. It's about continuously refining and nurturing qualities and skills that matter to you!

The Key Elements of Mentor Group 2024



Mentor Group 2024

2-3 day in-person meetings

1/27-1/30 and 10/24-10/27



8 months of Office hours

with CI Faculty-Dore, Molly and Monte



Pete will do monthly 2-hour virtual sessions

focus alternating between clinical and personal work on blocks to success



Ellyn will do monthly 2-hour sessions

business hot seats, clinical, and sessions on improving your skills as a trainer



2 individual business hot seat meetings with Ellyn

scheduled during the year

<http://www.couplesinstitute.com/2024-apply>