

When a Client Turns Angry on You



Dr. Ellyn Bader

*The Couples Institute &
The Developmental Model of Couples Therapy*

Common Mistake #1



What are you feeling?

#1 This is one of the most common therapeutic questions asked!

Have you considered the *good times and bad times* to ask

Some *good times*:

- ✓ When teaching a client to identify emotions
- ✓ When a usually defended partner opens up and shows vulnerability
- ✓ Helping intellectually oriented partners connect more deeply



#1 One of the most common therapeutic questions ever!

There are *good times and bad times* to ask this question

Some **unproductive times**:

- ✓ A reflexive response to nonverbal cues
- ✓ An inadvertent shift to Inquirer
- ✓ After a sneak attack
- ✓ When a client is regressed and complaining about their partner
- ✓ At the end of a very volatile session



Common Mistake #2



Allowing couples to rehash the "Same Old Fight" without Clear Intent-What is the purpose of your discussion

#2 Without Enough Structure, Fighting Couples Won't Make Progress

Only focus on one Developmental Capacity at a time early in Therapy

Can you do a clear initiation?
Can a person inquire with genuine
interest/curiosity and without
personalizing?
What is repetitive breakdown?



Common Mistake #3



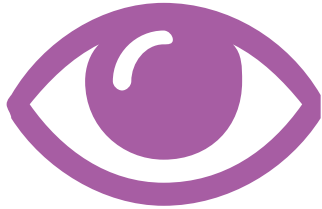
Tell your partner what you need from him/her

#3 Implies a Required Outcome and
Pulls for the Symbiosis you are Working to
Disrupt

NEED =

Necessity or Obligation
An Urgent Requirement
A Deficiency Requiring Relief

#3 Lethal Statement that Creates Regression



It may be obvious

OR



It may be hidden

BUT it is there!

Common Mistake #4



*Talking about problems
instead of focusing on
dilemmas*

#4 Internal Dilemma



A dilemma is an internal struggle between two competing perspectives in one partner



Ask each partner to identify and describe their own individual dilemma in the struggle

#4

You are **being incisive** when you encapsulate each partner's individual dilemma



#4

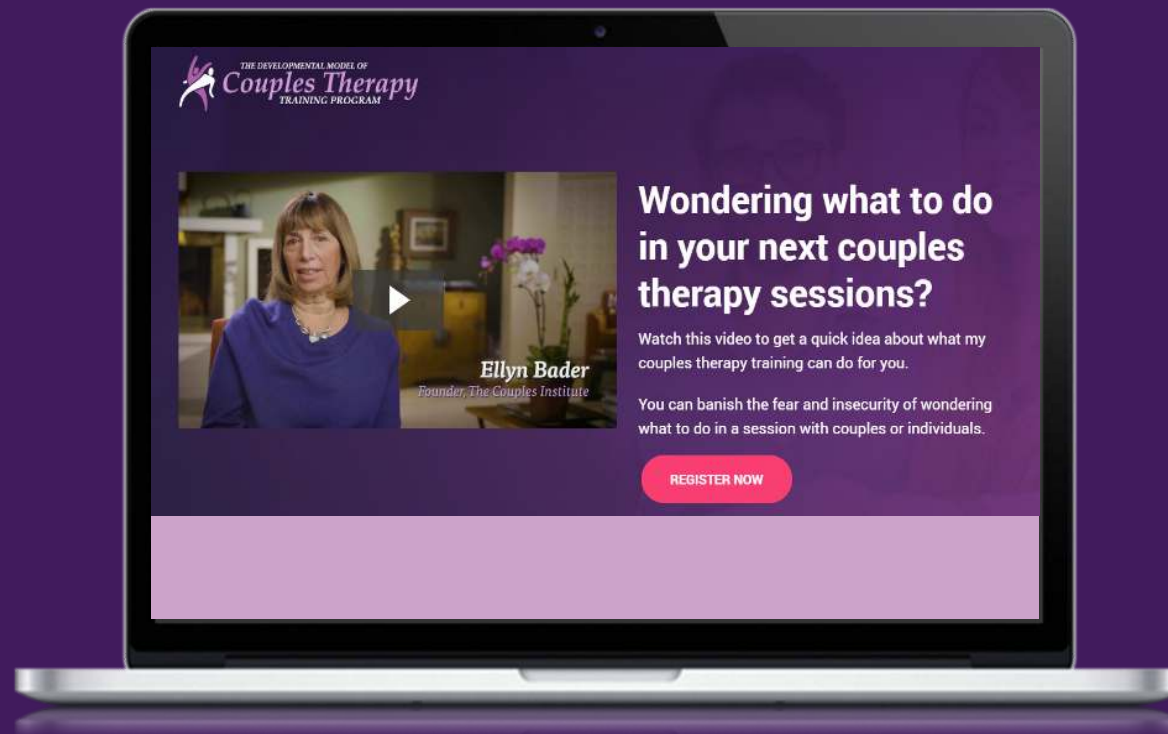
When Couples Can Describe Their Problem as an Internal Dilemma **the Conversation Opens to New Perspectives** and It Becomes Clear the First Effort Must Come from Them.





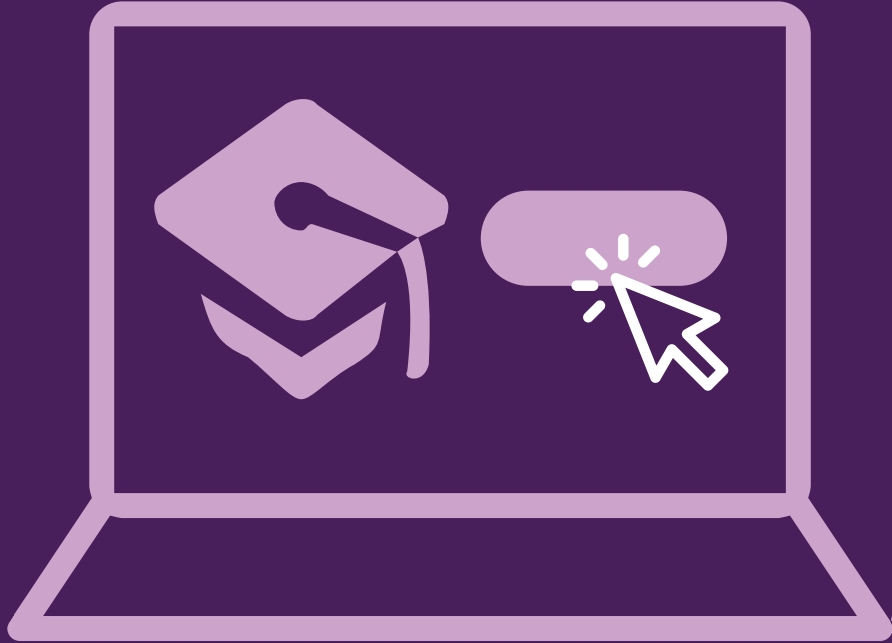
Avoiding these mistakes will
save you many horrible
sessions where couples
leave angry and you go
home with a headache

Introducing a world-class 1-year training program with a pioneer in couples therapy that will transform your practice



Join Now

You Can Start Immediately



- Get the First Lesson
- Get Acquainted with the Community
- Introduce Yourself
- Submit a Case for Review
- Use some of the Handouts with Clients This Week
- Your Private Support Group w/Ellyn Starts in February

What the Program Includes



Full Program!



24 Written Lessons



Video Demos



100+ Audios Archived



Live Sessions with
Guest Experts!



Peer Groups



Ellyn's Live Training Sessions
Submit your cases!



Get your Questions Answered



Special Training: Trauma,
Narcissism, Passive-Aggressive
Partners and More

1 Bonus: A Private Support Group with Dr. Ellyn Bader

When You Join by January 24
at 11:59pm Pacific Time You'll Receive:



This is an exclusive chance to talk with Ellyn, hear her perspective on how the Developmental Model can apply to *your* individual and couples' cases, and get ongoing personal support at these troubling times

Our Iron Clad Guarantee

Experience it all with no risk!



You have a **full 30-day trial** to study, listen, watch, participate, and learn!

- ✓ Explore everything for a full 30 days! Start Monday when we focus on the Over-Functioning Partner
- ✓ Learn from the videos, training sessions, and experts!
- ✓ If in 30 days you don't believe this program will deliver the skills plus confidence and you believe it's not right for you, we will refund your money. No questions asked.

Why we are the preferred choice



**in only
5 to 6 hours
per month**



Work with couples more effectively and create satisfying sessions that flow



Your nonverbal language communicates you have appropriate confidence to help them



You can hold steady because your interventions are deliberate and nuanced



Clients become motivated and accountable

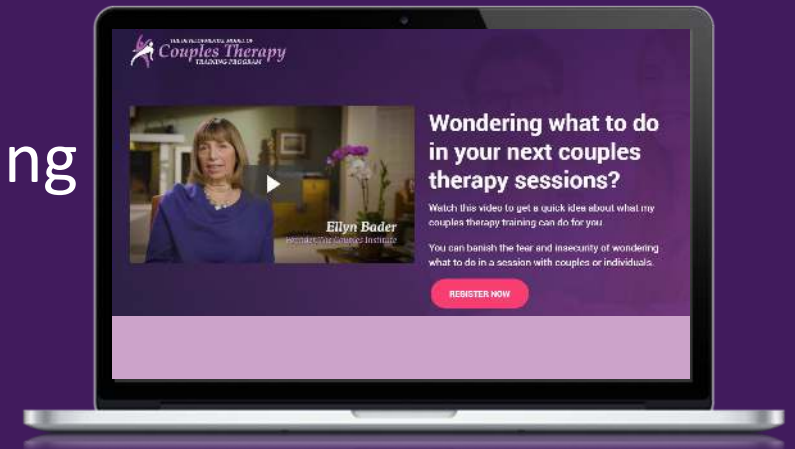


This model takes you beyond problem solving
Grateful clients return because they want more

Developmental Training Program

Our CORE Program:

- 12 Months of world-class mentoring and training
- Live Monthly Training Sessions
- 24 Written Lessons
- Submit Individual Cases for Review
- 8 Live Bonus Training Calls with other Couples Experts
- 30 Client Handouts
- Supportive Therapist Community
- Special Live Training Sessions on Working with Trauma, Narcissism and Infidelity



Plus, check out these added features:

- A research library at your disposal 24/7
- Client Session Videos
- 100 Archived Training Calls
- 82 Archived Bonus Calls with Guest Experts
- Deep Dive Special Training Calls with demos and teaching on empathy, addiction, first sessions and more!



Why other therapists love our training...



Study in your PJs 😊



Listen live or later
from almost anywhere



Training is sequential &
builds on itself



Build your therapy skills
over a full year



Personalized attention and
answers to your questions



Collaborate with colleagues of other
races/cultures worldwide and get help

Your Investment

How much will this training cost in terms of time, energy, and money?

You need only...



**about 5 to 6 hours
per month**

Your investment...



as low as \$3.30/day

Incredible Value

<i>What you receive in The Developmental Model Training Program</i>	<i>Value</i>	<i>Total Value</i>
12 Live 90 Minute Training Sessions with Dr. Ellyn Bader	\$500	\$6000
8 Live Bonus Training Calls with Guest Experts	\$350	\$2800
8 Videos of Real Client Sessions by Dr. Ellyn Bader and Dr. Pete Pearson	\$75	\$525
100 Plus Archived Training Sessions with Dr. Ellyn Bader	\$70	\$7000
82 Archived Bonus Calls with Guest Experts like Dan Siegel, Esther Perel and others!	\$60	\$4920
30 Client Handouts to Support Your In-Session Work	\$30	\$900
Being part of a Supportive Therapist Community	<i>Priceless</i>	
Investing in your Professional and Personal Growth	<i>Even More Priceless</i>	

TOTAL VALUE

Over \$22,000

When you Pay in Full today,
You'll receive a total savings of \$265 and over
\$22,000 in total value!

12 Monthly Payments

You could join now for the low monthly cost of \$147.
That's significantly less than you'll receive from one
client per month.

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Invest for the full year and get **an additional savings
of \$265**. You won't find world-class training at that
price ANYWHERE.

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Remember that this training is a tax deductible expense in many countries.

Sign Up Now!

couplesinstitute.com/developmentalmodel

