

3 Types of Decisions

Unilateral

- One decides with little input needed or desired.
- When agreed upon it reduces conflict.
- Without consent, conflict increases substantially.
- One carries the authority and responsibility.

Equilateral 50%-50%

- Both Decide.
- Nothing is implemented until both agree.
- Takes more time to decide.
- More opportunity for conflict initially.
- Both buy into the decision.
- Less likely to have a lingering conflict.

51%-49%

- One makes final decision.
- This partner carries the authority and responsibility
- Decision made takes strongly into account what other partner desires.
- Reduces potential conflict substantially and takes less time.

Reduces potential conflict substantially and takes less time.

Requires significant trust.



Worksheet

Relationship Decision

Type of Decision



Defining Your Roles and Your Responsibilities

- What are your roles and what are the primary responsibilities that go with those roles?

Teamwork is one of the vital ingredients in organizational success, and strong teams are composed of individuals who know what they are supposed to do, and what they are responsible for doing.

The Harvard Business Review found that collaboration improves when the roles of individual team members are clearly defined and well understood. When individuals feel their role is clearly defined they are free to do a significant portion of their work independently. Without such clarity, team members are likely to waste energy negotiating roles or protecting turf, rather than focusing on their vision/goals.

This is true whether your role is in business, in the house, or in the relationship.

Roles: Generally, roles are the positions team members assume or the parts that they play in a particular operation or process. (For example, a role could be CEO, Operations Director, Finance, Marketing etc.)

On this page clearly define your roles

At Work

At Home



Responsibilities: Responsibilities are your specific tasks or chores that you are expected to complete as a function of your role. They are the specific activities or obligations for which you are held accountable. (For example, some of the responsibilities of an Operations Director might include improving the productivity of the organization, helping set or work toward strategic goals, supervising different departments so they're running smoothly.)

What are your major responsibilities at work? Did you choose them or were they assigned?

What are your major responsibilities at home? Did you choose them or were they assigned?

Are you an employee or independent contractor?

How much are you paid?

